



**(farm)acy<sup>®</sup>**  
*plant-powered apothecary*

(farm)acy exists to enhance wellbeing through the healing power of plants. We believe in the ability of plants to restore, nourish, and rejuvenate.

Discover our curated selection of Indonesian products, in-room self care rituals, ayurvedic consultation, and workshops to harness the healing potential of a plant-powered lifestyle.

Find us at level 2, Potato Head Suites.

## workshops and consultations at (farm)acy

### incense making workshop

In Bali, you will see incense burning everywhere you go, as part of daily offerings. Small woven baskets filled with flowers, food offerings, and incense. Canang Sari are an expression of gratitude to the Hindu gods. The scent of burning incense is believed to awaken the gods, signalling the start of worship.

In this session, you'll learn more about the uses of incense while crafting your own, using natural and locally sourced ingredients.

Wednesday | 1pm—1.30pm

Saturday | 10.30am—11am & 1pm—1.30pm

30 mins | IDR 400,000 nett per pax

*Limited capacity & pre-booking is required.*

All prices are nett and in thousands of rupiah.

## workshops and consultations at (farm)acy

### healing garden workshop

Bali is home to thousands of plants that have been used for centuries in daily remedies. In this workshop, we celebrate that legacy by introducing you to local herbs, roots, and flowers – guiding you in crafting traditional facial steams and masks using techniques passed down through generations.

Friday | 11am–12pm

60 mins | IDR 650,000 nett per pax

*Limited capacity & pre-booking is required.*

All prices are nett and in thousands of rupiah.

## workshops and consultations at (farm)acy

### ayurvedic lifestyle consultation

Rooted in ancient Ayurvedic principles, this one-on-one consultation explores your unique needs to support clarity of mind and balance in the body. Through lifestyle guidance, natural remedies, and mindful practices, we help you cultivate wellbeing that extends beyond your time at Desa Potato Head.

Whether you are staying with us at the Desa or simply curious about how Ayurveda can support your lifestyle, you will take home a customised itinerary and list of recommendations to help you integrate these practices into your daily life. A dosha discovery test and drinks are included in the consultation.

55 mins | IDR 850,000 nett per pax

*Limited slots are available everyday & pre-booking is required.*

the 3 doshas of ayurveda  
the elemental blueprint of every being

pitta  
fire



Light, creative, quick, energetic, spontaneous, changeable  
Vata moves like the wind—full of ideas, energy, and motion, always shifting and sparking new beginnings.

Focused, driven, intense, sharp, confident, determined  
PITTA burns like fire—clear in vision, purposeful in action, and powered by intensity and focus.

kapha  
earth & water



Grounded, calm, steady, nurturing, loyal, patient  
Kapha moves like the earth—steady, supportive, and deeply nourishing, allowing strength through stability.

# (farm)acy products

## fields of yarrow

**Neroli & Magnolia Pulse Perfume Oil** 750  
Fresh neroli and delicate magnolia come together in perfect harmony to create this radiant, floral perfume.

**Sandalwood & Gypsy Rose Pulse Perfume Oil** 750  
Made from the simplest and finest ingredients, fresh sandalwood and a mix of rose oils to create this intense floral & woody perfume

**Myrrh & Cempaka Pulse Perfume Oil** 750  
The smoky depth of oud, the earthy richness of myrrh, and the floral notes of cempaka intertwine to create a perfume of rare sophistication.

**Floral Fusion Antioxidant Cream** 650  
Anti-pollution cream that deeply hydrates and protects the skin with powerful antioxidants and advanced botanical extracts, promoting healthy collagen production.

## potato head

**Calm Incense** 265  
A grounding blend of sandalwood and aromatic spices.  
Each stick burns for approximately 2 hours.  
8 sticks per pack.

**Focus Incense** 265  
Resinous frankincense layered with cinnamon and soft sweetness.  
Each stick burns for approximately 2 hours.  
8 sticks per pack.

**Bamboo Incense Holder** 280  
Made with bamboo, treated for anti-termite protection.

# (farm)acy products

## tirta usada

**Healing Balm** 215  
Calms insect bites and sun-exposed skin.  
Formulated with 10 herbs inspired by homeopathy.

**Sun Tea** 220  
Soft florals with citrus-herbal notes and gentle ginger warmth. Boosts energy, soothes digestion, and is rich in antioxidants.

**Mercury Tea** 220  
Fresh lemongrass and mint with warming ginger and spice. Supports digestion, circulation, and mental clarity.

**Moon Tea** 220  
Earthy, calming herbs with subtle florals and a touch of natural sweetness. Promotes relaxation, emotional balance, and restful sleep.

## talasi

**Ginger Concentrate** 180  
A concentrated ginger blend to support congestion relief, flu recovery, and digestion.

**Turmeric Concentrate** 180  
Turmeric concentrate to gently support inflammation, immunity, and digestive health.

**Merapi Honey** 220  
A spreadable blend of nectar and bee honey from the Merapi region, naturally high in calcium.

**Aceh Honey** 240  
Wild forest honey sourced from the Seulawah Agam stratovolcano in Aceh, produced by Apis dorsata bees. Naturally rich in propolis, offering anti-inflammatory, antibacterial, and antioxidant properties to support immunity.

**Cajeput Oil** 150  
Natural cajeput oil traditionally used to warm the body and help relieve flu symptoms, congestion, and muscle discomfort.

# (farm)acy products

## primitiva

**Neem Pill** 355  
Neem pills traditionally used to support immunity, skin health, and internal balance.

**Traditional Jamu Pill** 355  
Traditional jamu pills made from Indonesian herbal wisdom, using natural roots, leaves, and spices to support balance, vitality, and overall wellbeing.

**Butterfly Pea Flower Pill** 355  
Traditionally used for their calming properties while supporting hair, skin, nails, and overall vitality.

**Moringa Pill** 355  
A nutrient-rich herbal pill known to support immunity, energy, and daily nourishment.

## zarya cacao

**Energy Boost Cacao Powder** 265  
Energy Boost Super Powder blends cacao with cordyceps, panax ginseng, guarana, and eleuthero extracts to naturally support energy, vitality, and endurance throughout the day.

**Mental Clarity Cacao Powder** 265  
Cacao-based blend designed to support focus, clarity, and peak mental performance as part of your daily ritual.

# (farm)acy products

## moonglade

<b>Ashitaba Powder</b>	200
Ashitaba Super Powder is a nutrient-rich herbal blend designed to support vitality, detoxification, and overall balance as part of your daily routine.	
<b>Activated Coconut Charcoal Powder</b>	180
Made from activated coconut charcoal to support gentle detoxification and digestive balance.	
<b>Red Ginger Powder</b>	220
A warming herbal powder traditionally used to support circulation, digestion, and immune health.	

## alam farma

<b>Magnesium Spray</b>	350
Topical magnesium spray to support relaxation, muscle recovery, and restful sleep.	
<b>Aloe Vera Soothing Gel</b>	450
Cooling aloe vera gel to calm sun-exposed or irritated skin and support natural healing.	
<b>Sacred Cacao &amp; Black Tourmaline Face Scrub</b>	575
A gentle exfoliating scrub with cacao and black tourmaline to cleanse, polish, and energize the skin.	